



Counselling Skills for specialist nurses working in a fertility setting

Those who are infertile ride a monthly roller coaster; the stresses reverberate throughout the family system and affect every aspect of the individual's and/or couple's life. (Adapted from B. Cooper-Hilbert 1998)

The aim of this workshop is to help nurses working in fertility clinics to develop counselling skills to understand and support patients in distress during their fertility journey

Friday 19th and Saturday 20th May 2017

VENUE: **Holiday Inn, 25 Aytoun Street, Manchester, M1 3AE**

TIME: **Meet at 1.00pm for a 2.00pm start on Friday 19th May, finish 4.00pm on Saturday 20th May**

TRAINERS: Ann Curley, Senior Infertility Counsellor, St Mary's Manchester
Beverley Loftus, Infertility Counsellor, St Mary's Manchester

COST: **£250 (includes accommodation, course fees and meals)**
(Closing date for registration Friday 28th April)

CONTENT:

- **Definition of 'counselling'**
- **Clarification of Implications, support and therapeutic counselling**
- **Who provides counselling and when?**
- **Developing counselling skills**
- **The fertility journey**
- **Breaking bad news**
- **Giving bad news by telephone**
- **Loss & Grief in the context of Infertility**
- **Case discussion**
- **Self care and support**

If you would like to come on this workshop please contact:

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